

Seaforth Parent Advisory Council

By Cheryl Healey Chair@seaforthpac.net

2014 is off to another fast start bringing us right into February. Looking back at December I would like to send a very heartfelt thank you to everyone who helped contribute to our school and community. Special thanks go out to Siva Ramesh and her inspiration to send our extra 200 snowmen cookies and candy canes to Edmonds Community School on our last day of classes, and to Sandra Mankoo, Sharon Sami and Annie Hobson for their work on the Angel Project that I hope becomes a new Seaforth tradition.

This month École Seaforth Elementary School will be focusing on Family.



Valentine's Dinner and Movie night

Our Grade 7 Grad and Quebec Committees will be hosting a Valentine's Dinner and Movie night on Friday February 14th 5:30-9:30. This is a great opportunity to spend some quality time together with family and friends. Pizza and hot dog dinner packages will be available to purchase up until February 6th with additional childcare options as well. Come and enjoy the movie for free with popcorn and other concession items available for a small fee throughout the evening.



Crosswalk

Our crosswalk program may be cancelled. We really need your help and cannot continue unless more parents/guardians can volunteer to supervise our kids for 15 minutes before and after school. Please contact Cheryl Healey or sign up at the office if you are able to help. chair@seaforthpac.net

Seaforth Sun Run Team



Spend quality time with your kids and get fit by joining our Seaforth Sun Run Team. We need a minimum of 20 participants to form a school team, with one adult for every two students. If you register by February 14th the cost is \$20 a student and \$30 for adults. The early-bird price expires February 14th and registration deadline is March 21st. Walk or run this 10k course, which starts at 9am on April 27th. For the little ones there is also a 2.5km course. Last year we travelled to and from the race together in a school bus, stopped for ice cream on the way how to celebrate our achievement. If you or your child is interested in participating, please email Rhylin Bailie at rbailie@jproust.ca for registration and training information.

We have organized two weekend training sessions starting Saturday morning at 9:30am and Sunday at noon.

Popcorn Fridays



The students and staff never have to guess when it's Friday at Seaforth with the aroma of popcorn in the air. Our always cheerful popcorn ladies are here to make Fridays fun. Extra popcorn cards are available for purchase at the popcorn stand or by filling out the attached form and returning to the office.

Hot Lunch



Thank you to all the parents that placed their orders supporting the second session of our Seaforth Hot Lunch Program. Parents and students are grateful for our hot lunch volunteers that help keep this program running.

Donation Request Results are in.....

The families of Seaforth students gave generously in 2013. Each of our children's classrooms will benefit from \$7,806.56 donated. The teachers have a new budget for a new year as promised thanks to your continued support.

How can you get involved?

Our next PAC meeting will be Wednesday February 12th at 7pm in the library, childcare will be provided. Donna Savoie from Burnaby Parks and Rec will be attending to talk about programs in Burnaby. This will be a great opportunity give feedback on before and after school programs in our neighbourhood.

Seaforth Spirit Day

April 25, 2014

Speaker Sign-up Form

Seaforth’s Annual Spirit Day is a student workshop day that provides a wide range of hands-on seminars for the students of École Seaforth Elementary School. Topics in the past have included Martial Arts, Dance, Crafts, Cooking, Sports, Science Workshops, Animal Demonstrations and Career Discussions from Video Game Programmers, Police Officers, Doctors and Lawyers, to name just a few.



This year Spirit Day will be held on **Friday, April 25th** and the theme will be **“Around the World”**. Topics could include preparing foods from different countries, sports and crafts popular in different parts of the world, or even traditions that are uniquely Canadian! Workshops for this theme could also be about Transportation, Olympics, the Environment, Communications, Outer Space and more! Each student will have an opportunity to attend three different one-hour-long workshops during the school day.

We have always been fortunate to receive tremendous support from both outside the school community and within. Seaforth teachers and parents who have a skill, hobby or career are invited to come and share it with the students. If you would like to be a presenter but are unsure what to do, please contact the Spirit Day Committee. We have a list of suggestions that can help you decide! If you have a workshop idea but can’t figure out how it will fit with our Around the World theme, please get in touch and we’ll work together to make it fit!

If you can host a workshop for Spirit Day, please complete this form and return it by **Monday February 17th** to the school office or via email to gailmsu@hotmail.ca. Many of our students are enrolled in interesting and unique extracurricular activities. If you think their instructors would like to host a Spirit Day workshop, please pass this form along to any potential presenters. ask them to fill out this form, or you can email us their information and we can contact them directly. Extra paper copies of the form will be available at the school office.

This annual event is very much enjoyed by our students, who eagerly review the course selection booklets to choose the workshops they wish to attend. On behalf of Seaforth students, we thank you for your support.

Please contact us if you have any questions: [Gail Su 604-889-5792 gailmsu@hotmail.ca](mailto:gailmsu@hotmail.ca)

Name: _____

Phone: _____

Email: _____

Topic: _____

Please provide a brief description of your workshop:

Preferred audience age group:

K to Gr. 3

Gr. 4 – 7

K – Gr. 7

Maximum number of students per session:

Please indicate which session times you are available for:

A) 9:15 to 10:15 am _____

B) 10:45 to 11:45 am _____

C) 1:00 to 2:00 pm _____

Please indicate the number of sessions you wish to host (1, 2 or all 3):

Materials needed:

Volunteer Helpers needed:

Estimated expenses (for our budgeting purposes):

Audio/visual equipment needed:

Room requirements (tables, desks, open area, etc.):

Please return this form by **February 17th, 2014**